



STRATHCLYDE CYCLE CAMPAIGN

Led Cycle Rides Guidance

This document sets out guidance for the conduct of led cycle rides organised by Go Bike.

Ride Leader

The Ride Leader, or another person appointed by the Ride Leader, shall give a safety briefing before the commencement of the ride to the riders. The safety briefing shall consist of:

- Explain that each rider is responsible for his or her own safety
- The ride will be on public roads and paths
- Each rider is to look out for other road and path users
- Each rider is to look out for hazards, such as pot holes, bollards and posts, uneven or loose surfaces, dogs and other animals, etc
- Give brief details of the route, the location of main breaks, e.g. lunch stop, and expected duration of the ride
- Identify him or herself as the Ride Leader, and identify the Tail Marker

If the Ride Leader decides that location of the start of the ride is too noisy, the safety briefing shall be given at a suitable location a short distance into the ride.

The Ride Leader shall appoint one of the riders to be the Tail Marker, unless the Ride Leader decides that the number of riders on the ride is insufficient to require one.

The Ride Leader shall decide on a method of communication with the Tail Marker, e.g. swap phone numbers, and shall endeavour to keep sight of the Tail Marker at regular intervals.

Should the Ride Leader not be able to see the Tail Marker, the Ride Leader shall slow or halt the ride at a suitable location to allow the Tail Marker to catch up.

Should the Ride Leader require to leave the ride before the end of the ride, the Ride Leader shall appoint a replacement Ride Leader.

Tail Marker

The Tail Marker shall endeavour to keep sight of the Ride Leader at regular intervals.

The Tail Marker should not overtake any of the riders in the ride while the ride is in motion.

The Tail Marker shall alert the Ride Leader of any stoppage, should the Ride Leader not already be aware, or send another rider forward to alert the Ride Leader.

The Tail Marker shall inform the Ride Leader of any rider who has decided to leave the ride.

Should the Tail Marker require to leave the ride before the end of the ride, he or she must inform the Ride Leader so a replacement Tail Marker can be appointed.

Riders

Each rider is responsible for:

- looking after his or her own safety
- obeying traffic signals, signs, laws, etc
- ensuring that his or her cycle is in a roadworthy condition, including the provision of lights when appropriate
- providing appropriate clothing for the conditions
- providing appropriate food and drink for refreshment and sustenance
- telling the Ride Leader or Tail Marker should the rider decide to leave the ride before the end of the ride

Riders should not overtake the Ride Leader, especially approaching junctions!

Should a rider have an accident, any other rider can call the emergency services if required, and then shall seek to inform the Ride Leader, should the Ride Leader not already be aware.